



## Using This Workbook

This workbook accompanies the revised 2014 **PACE** manual. I suggest that you read through the introduction of the manual to understand how the program as a whole works. In this workbook, I will take you through each virtue and supply you with multiple assignments for your Character Education study each week this school year.

### Resources needed for this workbook

1. 2014 **PACE** manual
2. *The Book of Virtues* and *The Moral Compass* by William Bennett
3. Catholic Bible
4. \*\*Computer for your study of the saints **OR** a book about saints
5. Library card

+ When you see this symbol (\*\*) you will need to use the Internet (or an encyclopedia) for that exercise or question. Please check with your teacher before using the Internet.

At the start of each week, it would be advisable to look ahead at the work you are expected to do. This will help you plan the amount of time you must devote to your Character Education studies each day. Your **PACE** manual should be easily accessible when you are using the workbook.

Try to complete every assignment on the specified day. This will ensure that you do not fall behind or have to hurry through your work. Fridays are typically set aside for reading or for Enrichment Activities, which can be done with other students/family members if desired.

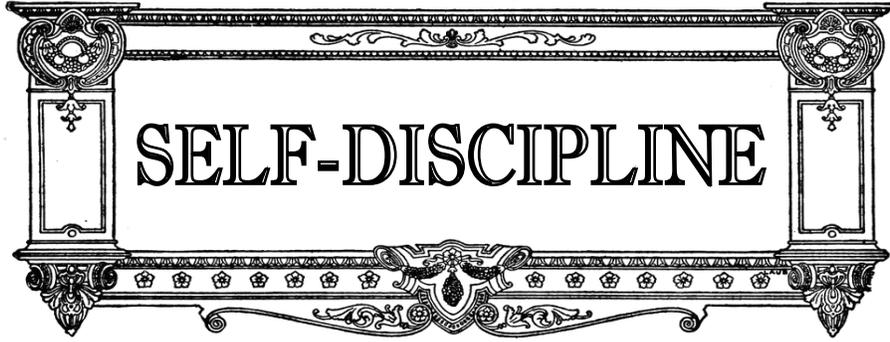
Once a month, you will be required to read a book and answer questions about it. Take a look at the Recommended Booklist in the **PACE** manual at the beginning of each month and check your chosen book out of the library ahead of time so that you will have it on hand when you need it.

The Discussion Topics are very important. Be sure to spend time discussing these topics with your teacher. Writing Assignments will be the most time-consuming exercises in the workbook. There is great value in the writing process, so take your time and do a good job. If you need more space for the assignment, use loose-leaf paper or write the essay on the computer.

At the end of the year, your workbook will be a wonderful resource for you, especially when you want to review certain character traits or just look back on what you have learned.

I hope that you enjoy using your workbook as much as I have enjoyed creating it for you!

**Setting the PACE for the new millennium...**



# WEEK ONE

## MONDAY



### I. QUOTATION



**STUDENT:** In the space below, copy the 5<sup>TH</sup> QUOTE from page 2 of your **PACE** manual.

### II. DEFINITION



**STUDENT:** Read the definition and synonyms of “**self-discipline**” on page 3 of your **PACE** manual. Write a sentence using one of the synonyms.

### III. READING: BOOK SELECTION

**STUDENT:** Take these books out of the library:



*Little Men* by Louisa May Alcott

*Marooned: The Strange but True Adventures of Alexander*

*Selkirk, the Real Robinson Crusoe* by Robert Kraske

*Five Children and It* by E. Nesbit

(Feel free to substitute these books with any others found on pages 8-9 of your **PACE** manual.) Look through your books, choose one and start reading it right away because you will be writing an essay about it in Week Three.

# TUESDAY



## I. READING: STORY (*The Book of Virtues = BOV*)

**STUDENT:** Read “**My Own Self**” on page 30 of the **BOV** and answer the questions below.

1. What is the widow’s son like in temperament (personality)?

---

---

2. What is a man who has lost his wife called (the opposite of a widow)?

3. Did the boy make good choices in this story? Explain.

---

---

4. How was the boy saved from being injured by the voice coming from the chimney?

---

---

# WEDNESDAY

## I. WRITING ASSIGNMENT



**STUDENT:** Read **Letter M** on page 11 of your **PACE** manual and write about the topic in the spaces below.

WANT

---

---

---

---

---

---

NEED

---

---

---

---

---

---

# THURSDAY

## I. SAINT



**\*\*STUDENT**: Using a website or a book about saints, read about the life of **St. Benedict of Nursia** and answer the questions below.

1. St. Benedict is known for being very strict. What were some of the things he asked his monks to do in his Rule?

---

---

---

2. Write the 2 towns in Italy where St. Benedict set up monasteries.

3. Look up the story of St. Benedict and his sister St. Scholastica (the last time they visited each other) and write a summary of it here:

---

---

---

---

---

---

---

---

---

---

# FRIDAY

## I. ENRICHMENT ACTIVITY



**STUDENT**: Do one of the **Enrichment Activities** on pages 12-13 of your **PAGE** manual.